

2007

More Than Just "The Blues"

Minnesota State University Mankato

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Sources

<p>For this display on depression, I made a sign with the following quote:</p> <p><i>"In any given 1-year period, 9.5 percent of the population, or about 18.8 million American adults, suffer from a depressive illness.. Most people with a depressive illness do not seek treatment, although the great majority - even those whose depression is extremely severe - can be helped."</i> - National Institute of Mental Health</p> <p>Another sign contained some basic information about SAD (seasonal depression). I downloaded an online depression screening test from the New York University School of Medicine, Department of Psychiatry (see last URL under "Internet Resources".) Also, I requested several booklets about depression and bipolar disorder from the National Institute of Mental Health.</p>	
HE 20.3002:D 44/4	Depression Through the Ages
HE 20.3002: SE 1/2	Phototherapy for Seasonal Affective Disorder
HE 20.3002:SE 1/3	Seasonal Affective Disorder: a description of the syndrome and preliminary finding with light therapy
HE 20.3002:SE 1/4	Seasonal Affective Disorder
HE 20.3615/2:91-18	Seasonal Affective Disorder: January 1986 through December 1991
HE 20.3861:D 44	Depression, a Serious but Treatable Illness
HE 20.62009/3:236	Negative Moods as Coorelates of Smoking and Heavier Drinking: implication for health promotion
HE 20.6502:M 46/7/DISORDER	Discussion Paper. Measuring health care quality: Major Depressive Disorder
HE 20.8102:AD 7/2	Adolescence and Depression
HE 20.8102:D 44/19	Depression :what every woman should know
HE 20.8102:D 44/21/2000	Let's Talk about Depression
HE 20.8102:D 44/22	Depression and Suicide Facts for Older Adults
HE 20.8102:D 44/23	What to do When a Friend is Depressed
HE 20.8128:D 44/994	Plain Talk About-- Depression
J 28.24/7:AD 7/2	Adolescent Girls: the role of depression in the development of delinquency: summary research
Y 4.G 74/7:AC 2/14	Accutane--is the acne drug treatment linked to depression and suicide? Hearing before the committee on

	Government Reform, House of Representation, One hundred Sixth Congress
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Web Sites

<u>Center for Mental Health Services, Mental Health Statistics</u>
<u>U.S. Public Health Service, Mental Health: A report of the Surgeon General</u>
<u>International Foundation for Research and Education on Depression</u>